

Nationally

18%

Of Adults with MH conditions also have SUDs

SAMHSA Indicators NSDUH 2017

43%

Of Adults with SUDs, also have a MH condition

Co-occurring Mental Health and Substance Use Disorders Affect 8.2M People Nationally
SAMHSA: NSDUH 2017

Massachusetts Individuals

864K

w/MH condition



313K

w/SUD

236K

w/Co-occurring

SAMHSA Indicators NSDUH 2017

Co-occurring with SMI



1/3

Did not receive ANY health care treatment for either condition.

SAMHSA: NSDUH MA 2017

Co-occurring with any MH condition



1/2

Did not receive ANY health care treatment for either condition

SAMHSA: NSDUH MA 2017

Of those receiving treatment

1-2%

with SMI

received both MH and SUD treatment

7%

without SMI

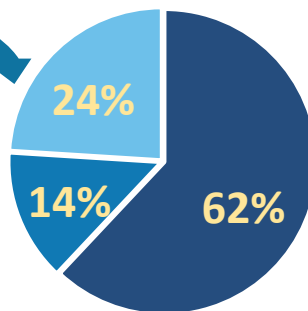
SAMHSA: NSDUH MA 2017

Adult Acute Care Admissions: MH, SUD, and Co-occurring



- 1+ BH diagnoses
- No BH diagnosis

Source: CHIA 2016



- MH only
- Co-occurring
- SUD only



MAMMH
Massachusetts Association
for Mental Health

Unmet Treatment Need

45.7%

Massachusetts
Adults with MH
Disorders

BCBSMA & Abt Report 2017

These adults are at
risk for misuse of
substances to self-
medicate, leading to
co-occurring
conditions

Co-occurring
Mental Health
and Substance
Use Disorders
Affect 8.2M
People Nationally
SAMHSA: NSDUH 2017

Adolescents

Estimated
percentage of
Adolescents with a
mental health
condition



20-25%

Youth.gov 2018

Criminal Justice

Annual cost of incarcerating
people with SMI in
Massachusetts
prisons

\$300M+

USC Schaeffer Report 2017

Adolescents

Estimated rates of
co-occurring MH
conditions among
those with SUD

60%
To
75%

Youth.gov 2018

Older Adults

with MH
condition not
part of normal
aging

1 in 4

1/3

Receive
Treatment

NCOA

Rates of inmate recidivism for those with co-occurring disorders

Co-Occurring MH/SUD	68%
Severe Mental Illness	54%
Substance Use Disorder	66%

*Study of 20,112 inmates
in Philadelphia jail
system in 2003.*

Older Adults 60+
who misuse alcohol
or drugs

17%
and growing

**Older Adults who
take drugs with
abuse potential**

25%

SAMHSA