

# OLDER ADULTS IN RECOVERY

## WE'RE NOT WHO WE USED TO BE

Join us for an insightful workshop exploring the evolving journey of older adults in recovery. We'll dive into the stereotypes and stigma surrounding aging and substance use, and discuss how these affect health, relationships, and emotional well-being. This session will also highlight the changing recovery landscape, from traditional AA/12-step programs to today's diverse pathways to healing.

A panel of older adults with lived experience will share personal stories of recovery, offering wisdom on how aging impacts the process, and how they continue to give back to the recovery community.

### KEY OBJECTIVES:

- Understand the changing landscape of recovery
- Explore the impact of health disparities in older adults
- Overcome ageism and recovery stigma
- Discover new pathways to restart your recovery
- Learn how to find meaning, purpose, and deepen relationships



## REGISTER HERE

### PANELISTS

#### KEVIN LEBEAU

Virtual Outreach Coordinator,  
Hope for Holyoke Peer Recovery  
Support Center

#### DEBORAH A. KORCH

Program Coordinator,  
No One Walks Alone PRSC

#### LOURAY BARTON, C.P.S.

Recovery Coach,  
STEPROX Recovery  
Support Center

#### SHERI BORSOTTI

Peer Leader,  
No One Walks Alone

### WORKSHOP DETAILS

# 10 APRIL 2025

11:00 AM TO 12:30 PM – VIRTUAL

