

Here are some testimonials from our families and partners:

**"If you're ever feeling alone with sadness, there will be someone there who can talk to you about it."**

- Child



**"It's a safe place to share your thoughts and feelings and connect with others."**

- Teen



**"I found a connection, I found a community, I found a family."**

- Parent

**"TCR has helped students develop an understanding of grief and empathy. The language and work done have greatly impacted students and families."**

- School partner

**"I found learning about the frameworks for understanding childhood grief valuable. It gave me a different perspective when working with children and teens who have had a loss in their family."**

- Professional



**Your involvement can make a transformative impact.**

**Connect with us and learn more about our programs...**



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**The Children's Room**  
*caring grief support for children, teens, and families*





The Children's Room is Massachusetts' leading independent nonprofit child bereavement organization. We provide grief support programs for children, teens, families, schools, and community organizations, as well as education and training for professionals working with children and families.

*Massachusetts' statistics predict that 1 in 13 youth will experience the death of a parent or sibling by the time they are 18 years old. That is equivalent to one child in every classroom or two on every school bus. We know that the consequences of not addressing child bereavement can produce adverse long-term effects.*

## Our Programs

Our mission is to create safe, supportive communities so that no child, teen, or family has to grieve alone. We offer grief support services to children and teens who have experienced the death of a parent or sibling, and to parents and guardians who have experienced the death of a partner or child. Additionally, we provide professional training and community education on understanding and supporting children who are grieving.

Our programs foster a sense of connection and community by providing a safe space to express feelings related to grief. Participants develop coping skills, experience decreased isolation, and gain an increased understanding that grief is a normal reaction to loss.

**All of TCR's direct services are offered free of charge to children, teens, and families.**



## Center-Based Services for Children, Teens, and Adults

We offer unique grief support programs, offered in-person at our Arlington Center or virtually, for children and teens ages 3½ to 18 who have experienced the death of a parent or sibling, as well as their parents or primary caregivers.

- Family-Based Peer Support Groups
- Adult Peer Groups
- Teens-Only Group
- Teen Program
- Family Night
- Parenting While Grieving Series
- Consultations for Parents and Caregivers

## School and Community-Based Services for Students and Professionals

We provide students with quality, trauma-informed grief support in their familiar, daily environments through partnerships.

- o Grief Peer Support Groups
- o Pathways of Change Social and Emotional Learning Curriculum
- o Children & Teens' Grief Awareness Month Events and Workshops
- o Presentations and Professional Development for Teachers and School Staff
- o Consultations for Teachers and School Staff

## Education and Training for Professionals

We educate and train professionals to support children who are grieving and create more awareness about the complex aspects of grief and development.

- Presentations and Trainings for Clinicians and Other Professionals
- Academic Internship Program for Graduate and Undergraduate Students
- Educational Tours
- Consultations to professionals