



THE BROOKLINE CENTER SBTBH LEARNING COLLABORATIVE HOW DO I USE MOTIVATIONAL INTERVIEWING TO ENGAGE CAREGIVERS? 3/13 3:30-5:00 PM ET

LEARNING OBJECTIVES

At the completion of the program, participants will be able to:

- Describe the importance of the four processes of Motivational Interviewing when interacting with caregivers.
- Demonstrate effective listening and asking techniques that explore values and elicit change talk during interactions with caregivers.
- Describe key principles of Motivational Interviewing and traps to avoid while interacting with caregivers during common scenarios.

TRAINER BIO

John Archibald is an experienced clinician, who found his passion for human behavior in 1992 when working with individuals diagnosed with Autism. Since that time, he has worked with people of all ages in various settings, including group homes, day development/outpatient centers, crisis teams, hospitals, and health plans.

John is credentialed as a Licensed Mental Health Counselor (LMHC) in Massachusetts and is a Certified Case Manager and a Certified Tiny Habits Coach. John has attended annual trainings in Motivational Interviewing (MI) throughout the past 15 years of his career, most notably a 6-month intensive program where he received a certificate from the UMass Chan School of Integrated Primary Care. For the past 3 years, John's primary employment has been to train health care workers in the practical use of MI skills.



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