

## June 20 Meeting – Summer Plans and Family Survey

### Attendees:

- **Advocates:** Colleen, Ann, Stephanie
- **Aspire:** Brendan, Jadine, Abby
- **BHN:** Courtney, Lindsey, Jhianina
- **BMC:** Jaime
- **CHA:** Vanessa, Claudia, Shannon
- **Eliot:** Jolesha, Nayara, Lesley
- **Riverside:** Brianna, Cheryl, Katharine,

### Welcome and Housekeeping

- Thank you so much for having us at the site visits!
  - o Thank you for hosting and for having us. We really appreciate the generous amount of time you have us.
  - o We were impressed with the evolution of roles and adapting to the needs of the schools. It was great to meet with principals and see their buy-in.
- Follow-up from site visits
  - o We did a mapping process together. We are going to send them to you to confirm that we got it correctly.
  - o Susan will put together themes and thoughts from the site visits to write an interim report to integrate all of the data sources (progress reports, quantitative data, and qualitative data). The report will be out in early fall.
  - o Susan will also put together a short description of what each program is.

### Themes from the Family Survey So Far

- We have 39 responses so far. Most school systems have been represented. 80% of respondents have a child who have received services. 3 in Spanish and 3 in Portuguese.
- Rating of how their child is doing. Most said “agree” that are improving.
- Overall satisfaction is high. Most are very satisfied or satisfied.
- From open-ended questions: seeing positive changes in their child; family felt supported and less alone; program was helpful with loss and tragedy; family value communication; those who did not receive services were due to child doing well, on a waitlist, or having commercial insurance.
- Jadine from Aspire: Has been able to get a lot of response. The strategies that she has used are 1) met with student and prepared them, 2) sent an email and bbc’ed all parents with the URL, 3) gave the paper copy and reminded students to remind the families to do it.
- Susan will send out an update with how many people have filled it out from each area.

### Summer Plans

#### Advocates:

1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. Interim therapy/support as needed – homes, CBHC, telehealth
  - b. Ongoing check-ins for families previously identified but without immediate needs.
  - c. Training with incoming clinician so that there is knowledge sharing.
  - d. Working to identify the existing resources and where the holes are.
2. *How will your team be available for new students?*
  - a. Developed referral form for school staff to identify new students needing support

- b. After end of school, additional referrals can be made by summer programs or year-round district leadership
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*
  - a. Potentially supporting district-run programming in July
  - b. Availability for additional supports for students in Framingham seeking CBHC services
  - c. Planning and resource development for upcoming year

**Aspire:**

- 1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. Second summer so have experience. Will have clinicians review caseloads with the schools and will review with the schools and internally to figure out if it is an appropriate transition time or if they need more support during the summer.
  - b. Will be at CBHC to support families who need support.
  - c. Working with families on summer wellness baskets with therapeutic games, basic needs, etc.
  - d. Jadine created a survey so that families could come to the school or she will be able to do home visits to continue therapeutic services.
- 2. *How will your team be available for new students?*
  - a. School will provide referrals.
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*
  - a. Jadine and Brendan will physically at the school and participating in camps (Brendan).
  - b. Jadine has been certified as an iDecide facilitator so she will be able to run groups in these.
  - c. Jadine has received training on how to connect and reach LGBTQ+ students who may have suicidal ideations.
  - d. There is a summer camp for Summer Discovery.
  - e. Will also be doing crisis evaluations.

**BHN:**

- 1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. Will be everywhere at once. Have summer school at a different school where Courtney will go. There are kids on her caseload there and others as well.
  - b. Will also be checking in on students who are not at that school.
  - c. Will be providing crisis services for any Washington Street students.
- 2. *How will your team be available for new students?*
  - a. School admin and staff will be able to make referrals. Usually get a heads up so everything can be in place before school starts.
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*
  - a. Family navigators will run a caregiver support group for all families (not just those on case load). Sent fliers to all families.
  - b. Will also be available for any staff professional development.

**BMC:**

- 1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. Ongoing therapeutic support/medication management.
  - b. Case management and referrals as needed.
- 2. *How will your team be available for new students?*
  - a. UP Academy Dorchester and Holland have sent a list a students who will be losing their therapeutic support that they receive at school so that they can reach out to these families.

- b. Will enroll and support these students and reconnect them to their school providers in the fall.
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*
  - a. Parent informational nights.
  - b. Create a master referral document to present to school staff upon return in fall.
  - c. Ongoing communication with school family support navigator.

**CHA:**

- 1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. Vanessa does not carry a caseload, so she doesn't have kids that carry over into the summer. But will work with the summer school to assist with any needs and some of those kids will likely stay on her radar.
- 2. *How will your team be available for new students?*
  - a. Vanessa will be co-running a group at CBHC for students who are on a waitlist for OP therapy. Claudia will be working with a family specialist at CBHC.
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*
  - a. Will be planning for new groups and working to assess needs.

**Eliot:**

- 1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. Will continue to do weekly outreach to high-risk youth. Have connected with all schools and have given clients to keep on radar.
  - b. There is summer school so will work to get a contact person there
  - c. Will develop groups based on crisis evaluations.
  - d. Some clients have OP therapy on child team at Eliot so will stay connected with them.
  - e. Will be using MCI resource guide to connect clients to community resources as needed.
- 2. *How will your team be available for new students?*
  - a. Have passed out Eliot card with available resources at Eliot and appropriate numbers.
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*
  - a. Will try to be involved with the summer program.
  - b. Will be working to make sure that insurances remain active.

**Riverside:**

- 1. *How will your team continue to stay engaged with students that you are currently seeing?*
  - a. During the summer, we will retain acute cases and will meet with students at the clinic for individual sessions. Home visits will continue, as they do during the school year.
  - b. Work typically completed in the schools will take place in the community during summer months.
  - c. Helpful to have one summer under their belt.
- 2. *How will your team be available for new students?*
  - a. We hope to open services to families on our waitlist – during the summer, this will involve meeting in their homes or at the CBHC for an initial assessment.
  - b. Phone and email contact will be utilized more frequently during summer months to stay connected.
  - c. In the previous grant year, Milford High School was able to provide a space for summer meetings, as needed. We will discuss this option with the school to ensure a low-threshold access model for PUC students.
- 3. *What school or CBHC programs or activities will grant-funded staff be involved in?*

- a. Plan and develop curriculum for school avoidance caregiver group; continued recruitment and outreach.
- b. Evaluate our documentation system and referral process – create a decision tree
- c. Connect with school admin & attendance supervisors who work over the summer to look ahead and proactively identify families who may be on their radar.
- d. Continue to attend monthly Milford area community resource meetings. Connect with community resources/network with community providers like:
  - i. TEMPO in Framingham
  - ii. Salvation Army
  - iii. Franklin YMCA
  - iv. Continue work with Making Opportunities Count – nonprofit overseeing Milford shelter
- e. Attend CBHC weekly trainings that cover a broad range of topics including Internal Family Systems (IFS) & LGBTQ+ Intersectionality.
- f. Attend CBHC staff meetings & youth team meeting 2x/week