

September 12 Meeting

Attendees:

- **Advocates:** Ann and Megan
- **Aspire:** Abby, Jadine, Brynn
- **BHN:** Courtney
- **BMC:** Jaime
- **CHA:** Ellie, Claudia Ortiz, Lindsey
- **Eliot:** Nayara
- **Riverside:** Brianna, Cheryl, Katie, Jillian
- **MAMH:** Jenifer, Lina, Joan
- **Evaluators:** Susan

Agenda

- **Updates from Grantees**
 - **Some grantees mentioned that they have clinicians who are transitioning out and they are currently in the process of hiring.** Others have already filled the position with a new clinician.
 - **Grantees shared that the summer was quiet for service provision.** However, they usually see an upward trend in crises and need for services in the beginning of the school year.
 - **Most grantees are adding new group sessions in this upcoming year.** For example, one grantee is currently offering parent groups and will start offering youth groups at the elementary school level. Another group is working on a school avoidance group to increase stress tolerance for youth in high school. Another group is offering a school avoidance group for families (youth and parents).
 - **Grantees discussed school avoidance and we talked about outside of this grant, what role can CBHCs play and what role can Medicaid resources in this state play?**
 - One grantee mentioned that a big gap around mobile services and how funders need to put more resources in mobile services and fund them in realistic ways. This program provides the luxury of time since clinician doesn't need to be scheduled for every single hour. Mobile components of system need a lot of work and are not funded in a way that can be supported. CBHI is not funded in sustainable way.
 - Another grantee mentioned that the family partner piece is underfunded as well. There is not enough of a workforce of family partners which isn't shocking because we aren't paying people enough.
 - Another grantee discussed that school refusal is a family issue, so we need to look at it that way. Meeting families at their home is valuable and not always funded. Idea of group is also useful because you know you are not alone.
- **Discussion of November Statewide Meeting**
 - **Date:** November 21.
 - **Purpose:** To provide CBHCs with information and resources to help them more effectively engage and collaborate with schools to provide timely, effective behavioral health services for students who may be at risk of crisis.

- **Intended Audience:** Audience is grantees and partner schools and funders, other CBHCs, commercial insurances, leaders from DESE and other state agencies who would support these initiatives.
- **Proposed Agenda:**
 - We want to talk about what has worked for this project and share what we have learned with a broader range of CBHCs so that they can think about what components they can incorporate (either with external funding or without additional funding). We want to share aspects like the importance of family partners and school relationship building.
 - We also want to feature other initiatives that can help build relationships between CBHCs and schools.
 - Will have acting commissioner of DESE there.
 - We want this to be about partnerships that CBHCs can form with school and to talk about what can make these partnerships successful.
- **Update from Interim Report:**
 - Susan reported that it was great to hear grantees talk about the added value of the program during this meeting. Susan was taking down all the information about what is working and how.
 - Susan has a draft of all qualitative information and is trying to wrap up adding the third data reporting data point.
 - Audience is grantees, MAMH, and funders who are funding.
 - Grantees will get a chance to give feedback.

Logistics

- Data Collection (Lina)
 - Thank you for submitting all of your data. We are working on getting all of them analyzed and will be able to provide you with data visualizations for the three time periods when they are ready.