

**Topic:** Grant-Funded Staff Introductions, Implementation Successes and Challenges

**Date:** May 18, 2023

**Attendees:**

- Advocates: Ann Pruszynski from Advocates; Courtney Blacco from Framingham; Colleen Scanlon, Clinician
- Aspire: Abby Foley and Kristen Woodbury from Aspire, Kimberly Duane from Randolph Schools and Brynn Cooper from Weymouth Schools; Brendon Francois and Jadine Ruiz, Clinicians
- BHN: Sarah Manseau and Dawn King from BHN; Keith Asher from Washington Street School, Courtney Rotzler, Clinician
- BMC: Jaime Shorten and John Jake Ciervo
- CHA: Ellie Richards and Nick Carson from CHA; Traci Small and Liz D from Somerville High School
- Eliot: Ann Fitzgerald from Eliot and Tina Hoofnagle from Lynn Public Schools
- Riverside: Manny Oppong and Jillian Erlich from Riverside and Bill Chaplin from Milford HS, Lisa Kingkade from Milford Public Schools; Brianna Rondeau, Clinician, Cheryl Marion-Page, Family Navigator
- MAMH: Joan Mikula, Jenifer Urff, Lina Stolyar

**Welcome and Housekeeping**

Introduction of Boston Medical Center

- We have a new grantee joining our cohort. Boston Medical Center is partnering with UP Academy in Dorchester.

**Discussion**

**Site Visits:**

- When you see one school, you see one school so it has been great to see how all of this had been implemented in each site.
- Seeing how CBHCs have built a relationship with the schools has been really incredible

**Discussion questions:**

- *How have you been engaging with families and parents?*
  - o One grantee shared that they currently have a clinician and family navigator and will ideally have a peer specialist.
    - Their clinician is full time. Peer specialist would help introduce something new and have not had a peer share a lived experience. Milford had mentioned that families were not always following through with getting services so the family navigator is able to help with her lived experience.
    - The value add of family navigator is being able to understand what the true need is. A lot of parents lack the hope that things will get better.
    - Have an ongoing list of families that needed the services. The clinician and family partners have been made to make families feel unstuck and have great connection builders. Getting quick access that is insurance neutral has been incredible.
  - o Another grantee has one clinician and two part-time family navigators.

- They started by sending letters home through their online system for families. Clinicians and family partners are able to communicate through this system as well.
      - Family partners have been able to go to homes.
      - Both family partners are bilingual.
    - Still have some issues with following through.
    - Have weekly meetings with staff including principal, vice principal, adjustment counselors, anyone working with kids so that there is no double work. Can talk about kids or family needs
- *What innovative approaches have you used to provide services to students?*
  - One grantee does group lunch sessions with each group. Within those 30-minute lunch times with 3 – 4 students each. Talk about coping skills, coping mechanisms, bullying, and alternatives to fighting.
    - Advantage of group is that you get to see them interact with the students and see any of the behaviors that they might be displaying. Get to see their true personality and other students can verify what they say.
  - Another grantee is excited that they are able to tap into the CBHC's resources and provide additional therapeutic supports have been great.
- *What strategies or practices have been effective to successfully integrate grant-funded staff at the school?*
  - One grantee has weekly meetings with staff including principal, vice principal, adjustment counselors, anyone working with kids so that there is no double work. Can talk about kids or family needs
  - Another grantee has two clinicians who can bounce ideas off of each other.
- *What are your plans for providing services during the summer months?*
  - Many grantees mentioned being involved in some aspect with summer school or summer camps.:
  - One school is thinking about doing some sort of mental health bootcamp that the CBHC would be woven into.
    - The clinicians will also continue to do home visits.
- *Highlights of what has been helpful so far for your launch.*
  - One school mentioned that the staff at the school had gotten to know the clinician very well and she feels like one of the staff (not just someone from the CBHC).
- *What have been the pitfalls and glitches?*
- *Discussion topics for future:*
  - How are grantees handling tracking services?
  - Where is work happening? Are you billing for it? What work cannot be billed for? Billing options. Implications for those spaces? Are they approved for patient care?

## **Logistics**

### Outcome Measures Data Collection Tool (Lina)

- Everyone should have received a personalized outcome measure data collection tool.
- We are collecting data through the end of June.
- The data will be due on August 11.

### Grant Management Data Collection Tool (Lina)

- We sent out a draft of a tool to collect data on services provided.
- We are holding a feedback session on Zoom next Thursday at 3pm

### Post-Zoom Survey

- Please fill out the survey after the meeting that will pop up in your browser. It helps us tailor these meetings. It is brief, each question is optional, and it is anonymous.