



# Massachusetts Department of Public Health

## **CONTINUUM OF YOUTH & YOUNG ADULT SERVICES** *BUREAU OF SUBSTANCE ADDICTION SERVICES*

January 18, 2024

*Stacey Lynch, Director*

*Vanna Souksavath, MA Statewide A-CRA Trainer*

*Amber Carroll, Youth Intervention Coordinator*



## OYYAS Mission:

To promote personal and family growth by ensuring youth and young adults experiencing substance use and co-occurring disorders have access to **developmentally appropriate**, **culturally responsive**, trauma-informed services and supports.

# OYYAS Goals:

01

Build and support the Office of Youth and Young Adult Services and its providers to maintain a continuum of integrated and comprehensive services.

02

Facilitate efforts to improve external workforce capacity to effectively engage with youth and young adults with substance use and other co-occurring disorders and their families.

03

Promote and support developmentally tailored youth and young adult recovery communities and peer support networks.

04

Utilize research and data to drive system change by identifying gaps to influence continuous quality improvement.




05

Explicitly address structural inequities by applying a social justice lens to amplify the voice of historically marginalized and oppressed populations and increase community engagement.




**Intervention Services**

-  iDECIDE
-  Community Innovation
-  School Based Intensive
-  Project Amp
-  High School Teams



**Residential Treatment**

-  Youth Stabilization
-  Youth Residential
-  Young Adult Residential

**Family Support**

-  Learn to Cope
-  Allies in Recovery
-  Invitation to Change

**Recovery Support**

-  Alternative Peer Groups
-  Afterschool Enrichment
-  Young Adult Peer Recovery
-  Recovery High Schools

**Outpatient Treatment**

-  A-CRA
-  School Based Day Treatment
-  Green Care

**Community Outreach**

-  DMH Access Centers
-  DYS Project READY
-  Youth SEARCH
-  Diversity, Equity & Inclusion



## School Based Intensive Intervention:

- ✓ Intensive Case Management
- ✓ School-based long-term (6-24 months) intervention
- ✓ Serves youth ages 8-17 at risk for developing substance use disorder
- ✓ Goal to reduce risk factors & increase protective factors to prevent future substance use
- ✓ Students are identified and referred by school staff or parents can refer based on: CRAFFT scores, emotional dysregulation, school attachment, academic performance, conduct problems, and family history of substance use
- ✓ Continued expansion of program model



## High School Co-occurring Response Teams

- ✓ Partnership between community-based behavioral health providers and their local high schools.
- ✓ Three levels of care:
  - Intervention (Project Amp)
  - Diversion (iDECIDE)
  - Treatment (A-CRA)
- ✓ Students referred by school staff, outside collaborative agencies, parent(s), or self-referred.
- ✓ Targets “at-risk” students.
- ✓ Team: A-CRA Supervisor; A-CRA Clinician; & Project Amp Mentor.
- ✓ Multiple service components including individual, group, and family supports.



## iDECIDE

- Education-based intervention for students caught violating school substance use policy.
- Science-based alternative to suspension, expulsion, and other exclusionary practices.
- Students participating in iDECIDE will gain:
  - ✓ A scientific understanding of the impact of substances on the **adolescent brain** and body,
  - ✓ An understanding of the common tactics used by companies to **target youth**,
  - ✓ An ability to identify and respond to **personal impulses** and,
  - ✓ A sense of empowerment to make healthier, **positive choices**.
- iDECIDE is a collaboration between OYYAS, Massachusetts General Hospital, the Institute for Health and Recovery.

# THE ADOLESCENT COMMUNITY REINFORCEMENT APPROACH:

A CLINICAL GUIDE FOR  
TREATING SUBSTANCE  
USE DISORDERS

## Outpatient Treatment

### Adolescent Community Reinforcement Approach (A-CRA)


- A-CRA is a behavioral intervention for youth and young adults ages 12-24 that seeks to increase the family, social, and educational/vocational reinforcers of an adolescent/young adult to support recovery from substance abuse and dependence.
- OYYAS currently has 34 A-CRA locations representing 17 agencies across the Commonwealth.

Susan H. Godley  
Jane Ellen Smith  
Robert J. Meyers  
Mark D. Godley



## Supporting Schools: Youth Substance Use

- Intended audience: school counselors, school nurses, and other school-based personnel
- Data and trends on youth substance use, including alcohol use, marijuana use, and vaping
- Registration available on AdCare: <https://adcare-educational.org>



OFFICE OF YOUTH & YOUNG ADULT SERVICES

# SUPPORTING SCHOOLS: YOUTH SUBSTANCE USE

**SAVE THE DATE**

February 9, 2024  
9:00AM - 3:00PM  
Hotel Northampton  
Northampton, MA


**OR**

February 14, 2024  
9:00AM - 3:00PM  
Sheraton Hotel & Conference Center  
Framingham, MA

**TOPICS**

Youth Substance Use Data  
Neurobiology of Adolescent Addiction  
Adolescent Marijuana & Vaping  
Strategies to Engage Youth

# Workforce Development



Supporting substance abuse prevention, intervention, and treatment communities

- Increasing Awareness
- Providing Knowledge and Skills
- Substance Abuse and other Public Health Issues

*If the only tool you have is a hammer, you tend to see every problem as a nail.*  
– Abraham Maslow

- Home
- Substance Use and Addictions Training
- LifeSkills Training
- New England Regional Training
- Early Intervention Training
- Immunization Training
- Suicide Prevention Training
- Links
- Join Our Mailing List
- Facebook Page
- Careers of Substance



### December 2020

VIRTUAL- Introduction to Trauma-Informed Treatment with Adolescents (545)  
🕒 07 December 2020 – 09 December 2020  
📍 ZOOM Meeting  
This 6-hour training is designed for beginning to mid-level experienced clinicians as well as direct care staff to improve their skills concerning...  
[More Details](#)

VIRTUAL- Substance Use Treatment & Recovery: What's Available for Youth & Young Adults? (546)  
🕒 08 December 2020 at 9:00 am – 12:00 pm ET  
📍 ZOOM Meeting  
This training provides an overview of the disease of addiction, key issues to be aware of when working with youth struggling with substance u...  
[More Details](#)

VIRTUAL: Tobacco Use, Vaping, and Lung Health in the Era of COVID-19: Important Information for People in Recovery (692)  
🕒 08 December 2020 at 9:00 am – 12:00 pm ET  
📍 ZOOM  
[More Details](#)

VIRTUAL: BSAS Statewide Virtual Substance Use Prevention Conference  
🕒 08 December 2020 – 10 December 2020  
📍 RingCentral (Powered by ZOOM)  
[More Details](#)

VIRTUAL- Creating LGBTQ and Gender Inclusive Secondary Schools(566)  
🕒 09 December 2020 at 10:00 am – 12:00 pm ET  
📍 ZOOM Meeting

<https://adcare-educational.org>

**In FY22 – OYYAS hosted 75 separate workshops open to youth serving professionals across state agencies**



COVID-19 resources – Download free fact sheets and posters

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Massachusetts Department of Public Health

Search by title, item number, or keyword...



ALL TOPICS

AUDIENCE

LANGUAGES

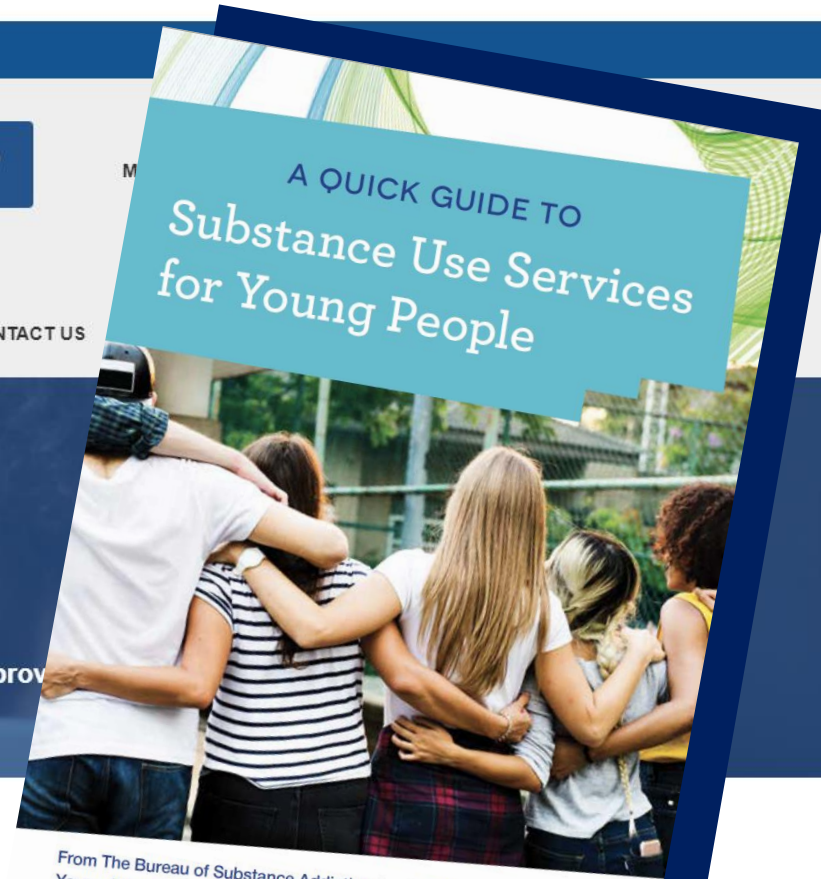
FAQS

PARTICIPATING PROGRAMS

CONTACT US

# Massachusetts Health Promotion Clearinghouse

Free health promotion materials for Massachusetts residents and health and social services providers



From The Bureau of Substance Addiction Services' Office of Youth and Young Adult Services at the Massachusetts Department of Public Health

The Massachusetts Substance Use HELPLINE



## Featured Items

All items are free to download with the option to receive printed materials delivered straight to you.

VIEW ALL PRODUCTS



<https://massclearinghouse.ehs.state.ma.us/>

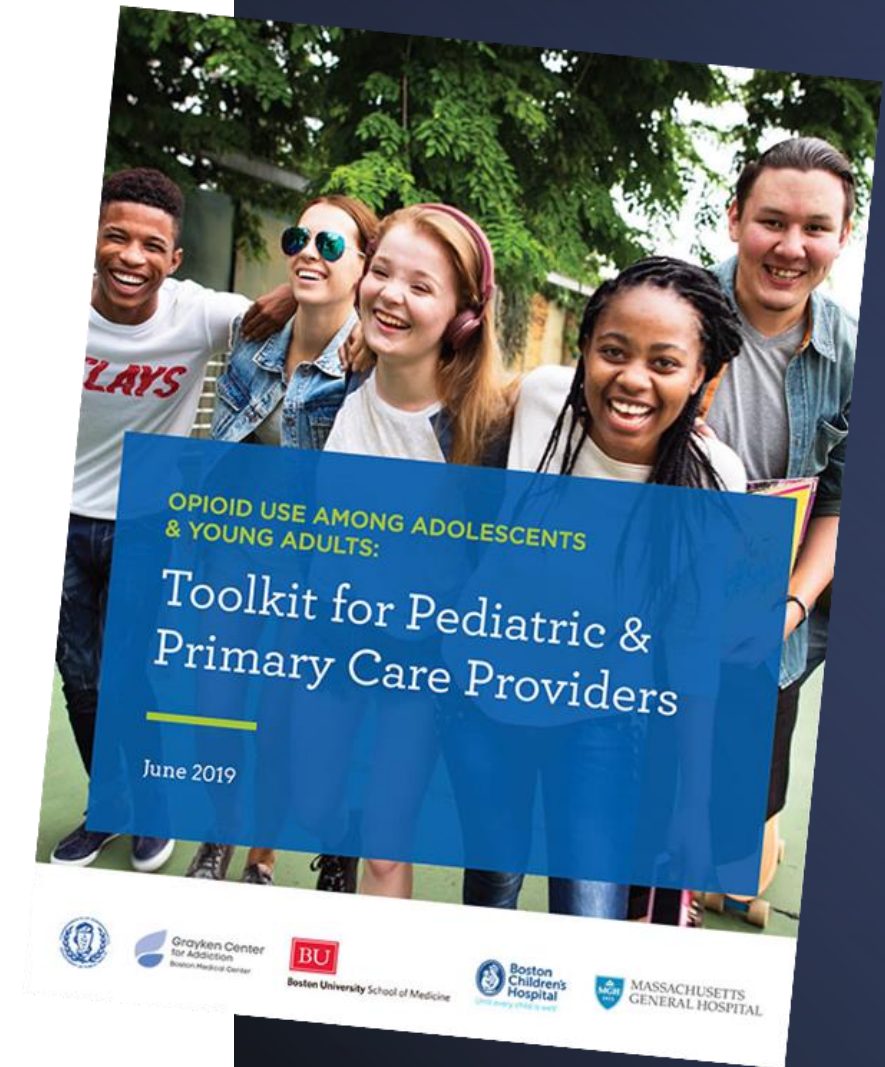


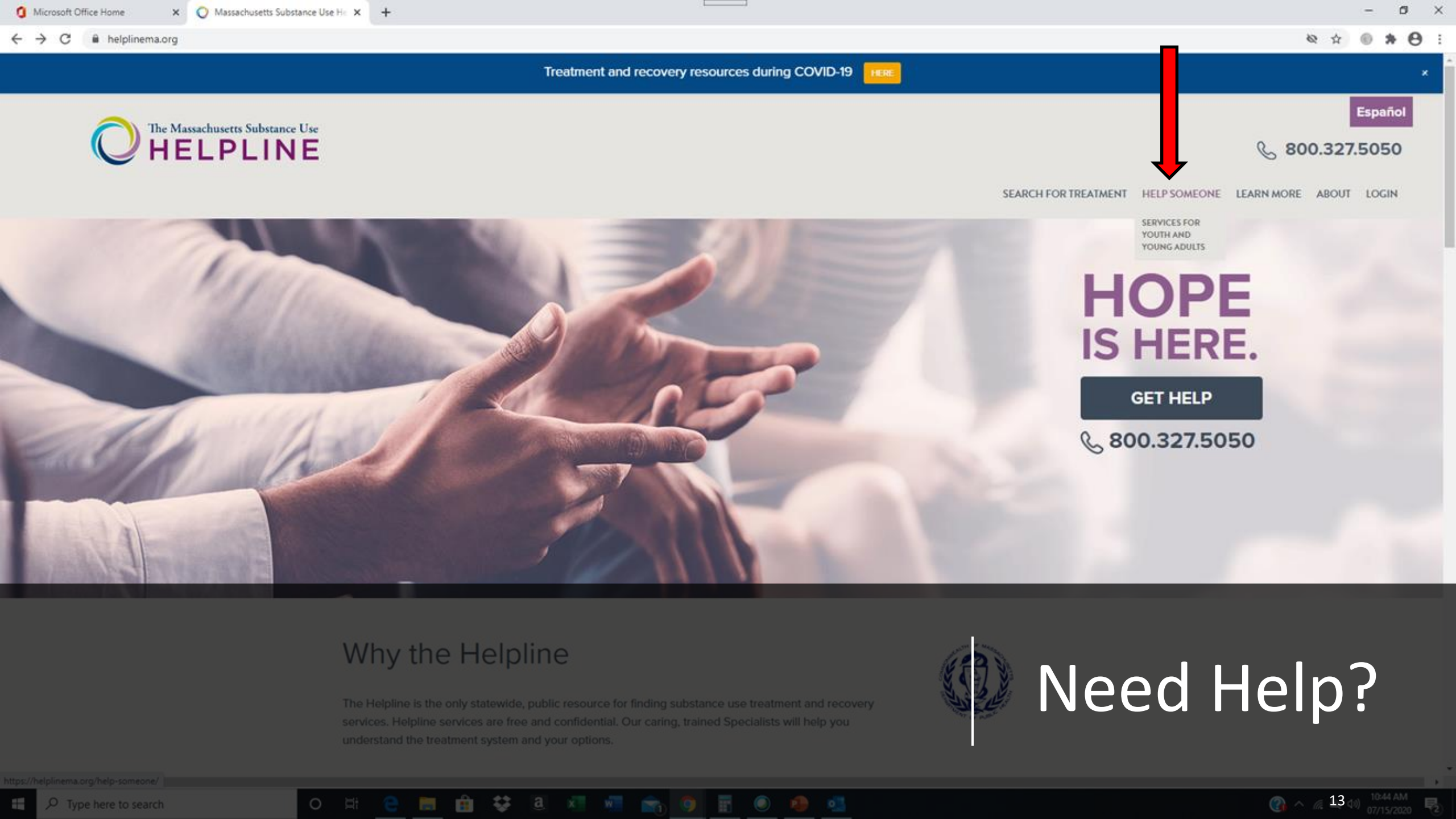
In June 2019, OYYAS released ***Opioid Use Among Adolescents & Young Adults: Toolkit for Pediatric & Primary Care Providers***.

- This toolkit was developed specifically for pediatric, primary care, and other health professionals treating adolescents and young adults within their medical practice. This document is currently being updated to include new regulations and protocols.
- <https://massclearinghouse.ehs.state.ma.us/PROG-BSAS-YTH/SA5829.html>

At the same time, OYYAS and its supporting partners drafted and released the ***MAT Practice Guidance Summary***.

- The aim of this document is to enable service providers at all levels to better engage, retain, and support adolescents (ages 16-17) in the treatment process.
- <https://massclearinghouse.ehs.state.ma.us/PROG-BSAS-YTH/SA5843.html>





Treatment and recovery resources during COVID-19 [HERE](#)



[Español](#)

800.327.5050

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SERVICES FOR  
YOUTH AND  
YOUNG ADULTS

# HOPE IS HERE.

[GET HELP](#)

800.327.5050

## Why the Helpline

The Helpline is the only statewide, public resource for finding substance use treatment and recovery services. Helpline services are free and confidential. Our caring, trained Specialists will help you understand the treatment system and your options.



# Need Help?



# Massachusetts Department of Public Health

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Any  
Questions?



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[mass.gov/dph](https://mass.gov/dph)