

Pediatric Behavioral Health Urgent Care

- Flexible services for students and families or guardians
- Free of cost
- No insurance necessary
- Coordinated by Riverside with Milford schools
- Translation services for any language including Spanish and Portuguese

Call your student's guidance or adjustment counselor to request a referral:

Milford High School Guidance Department
508-478-1110

Stacy Middle School Guidance Department
508-478-1180, ext 6502



About Riverside Community Care

We make a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services. A community-based non-profit organization serving more than 40,000 people a year in Massachusetts, Riverside Community Care offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, addiction treatment, trauma response, and more.

Riverside Community Care®

www.riversidecc.org



PEDIATRIC BEHAVIORAL HEALTH URGENT CARE

Assistance for Stacy Middle School &
Milford High School Students & Caregivers



Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services



Is Your Student Struggling?

- Showing significant changes in behavior?
- Failing school, refusing to go, or suspended?
- Struggling with family or friends?
- Frequently angry or sad?
- Spending increasing time alone?
- Involved in risky activities?

Sometimes life is more than a student can handle alone. And their emotional health suffers as they struggle. Their behavior may create trouble for them at school and in their community, and worry for their families. School guidance counselors and community outpatient therapists can help – but sometimes a student needs more.

“Imagine my relation when you showed up with warm hearts, answers, options, and support.”

– Parent in Riverside program

“My child and I have incorporated your expertise and suggestions and have had wonderful results.”

– Parent of child served by Riverside



Help is Here

Riverside Community Care works with Stacy Middle School and Milford High School students who need more help. We work with students to understand their needs, provide confidential short-term counseling, and identify resources that can help them and their families or guardians in the long term.

Our team includes a Riverside counselor and a family partner (someone who has raised children with mental health challenges). We are connected to all Riverside resources, including Youth Mobile Crisis Intervention, our Milford Outpatient Center, and Community Behavioral Health Center, as well as many bi-lingual community resources.

We will meet with a student at home, school, our offices, or another comfortable location. Our team has access to in-person and virtual translation services – we can work with families speaking any language.

“We have benefited immeasurably from your intervention with doctors and the school, just incredible.”

– Family served by Riverside



Hope is Here

Along with confidential short-term counseling, we can guide students and families to other services they may need, like:

- Longer-term individual and family counseling
- Medical care, including primary care physicians and specialists
- Food, fuel, and rental assistance

We can also help in other ways:

- Alternative educational pathways (such as HISET, the High School Equivalency Test)
- Help working with state agencies like DCF (Department of Children and Families) or DMH (Department of Mental Health)
- Navigating the legal system

Flexible and Free

Riverside’s Pediatric Behavioral Health Urgent Care service is free, and no insurance is necessary. Milford school staff refer students to us, and we work together with them to provide care. It is completely up to the student and family or guardian to decide whether to participate in the program and which services they want, and they can choose to end services if they wish.