

## What is a SBC?

A School-Based Clinician (SBC) is a Master's level Behavioral Health Clinician embedded in the community school system to assist and provide additional to support students.

The SBC will serve as an extension to the community's Crisis Team in partnership with Aspire Health Alliance – Community Behavioral Health Center (CBHC).

You can find the SBC located at the Chapman Middle School in Weymouth.



## School-Based Clinician (SBC)

A Behavioral Health Clinician embedded in the school system.



## Chapman Middle School

### Aspire Health Alliance

Pediatric Behavioral Health Urgent Care  
in collaboration with the  
Massachusetts Association for Mental Health



The School-Based Clinician acts as a Bridge and Liason to the supports and services at Aspire Health Alliance’s Community Behavioral Health Center

### Partnership

The Massachusetts Association for Mental Health, Inc. (MAMH), through a grant from, and in partnership with, Massachusetts General Brigham (MGB), seeks to facilitate access to key components of the Pediatric Behavioral Health Urgent Care (PBHUC) model for school-age children and adolescents in the Commonwealth. Aspire Health Alliance and Weymouth Public Schools have partnered together to deliver these services to students. The vision of the program is to help students remain in the community, rather than calling 911 to remove the student from school, and to provide immediate support and crisis de-escalation. The clinician would rapidly assess and provide treatment or refer students to appropriate program options, including mobile crisis intervention teams, if needed.

### Community Behavioral Health Center (CBHC)

Aspire’s CBHC offers home-based and community-based crisis intervention and treatment. The CBHC is designed to provide assessment, intervention, and stabilization to individuals of all ages who are experiencing a behavioral crisis. CBHC is not for individuals facing a medical emergency or requiring an emergency response (i.e., 911).

### Mobile Crisis Intervention

Aspire’s Mobile Crisis Intervention team provides telephonic triage, support, resources and intervention. Face-to-face stabilizations are provided when needed and interventions are individualized, strength-based, and culturally competent. Safety planning is provided for youth, children, adolescents, and teens.

### Services:

- Crisis Intervention Services
- Brief Therapy
- Referral to ongoing Outpatient services
- Psychoeducation to families and staff
- Post Stabilization Follow Up Services
- Transitional Support after Behavioral Health Crisis
- Crisis Evaluations
- Focused Population: Students
- Dealing with Anxiety
- Dealing with Stress
- Dealing with Depression

### Contact Us

Please contact your school’s social worker or school administrator to discuss a referral to the School-Based Behavioral Health Clinician.

**At Aspire Health Alliance**  
 we believe ~ *“there can be no health without mental health.”*